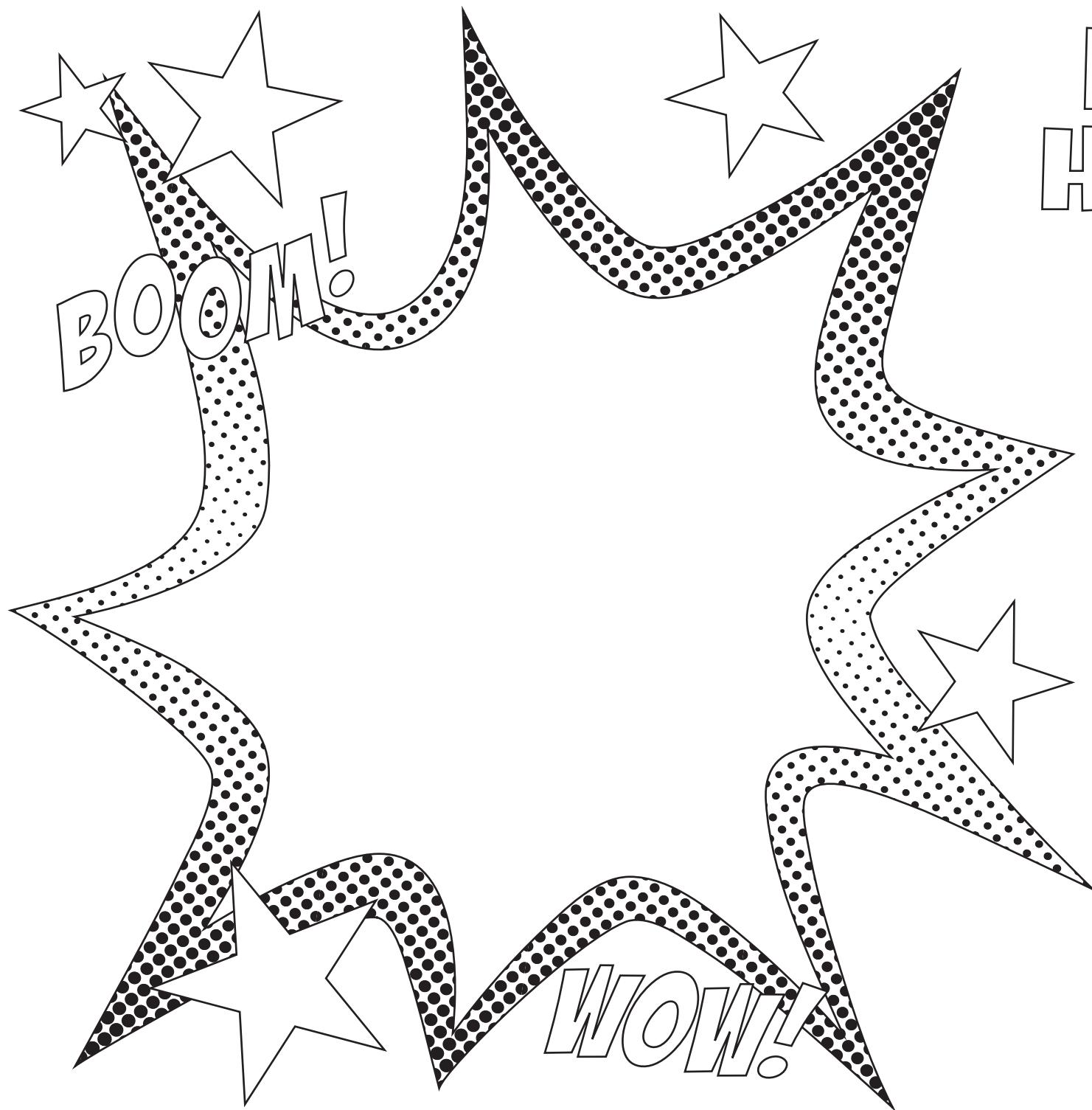


# NOT ALL HEROES WEAR CAPES!



First responders are heroes!  
A first responder is someone with special training, and they are called in first to help deal with emergency situations.

Paramedics, firefighters and police officers are all first responders, BUT they don't usually wear capes! Why not draw a cape onto these first responders?



# HIDDEN HEROES!

Sometimes heroes are hidden. Maybe they are a teacher, helping kids learn when they can't come to school. Or a cleaner doing their best to keep germs away from people. Maybe they are someone sewing extra facemasks for healthcare workers!

Can you think of anyone working to help your community? Draw or write about them in the frame!

## Extra Challenge!

Think of a way YOU could help make a difference in your local community!

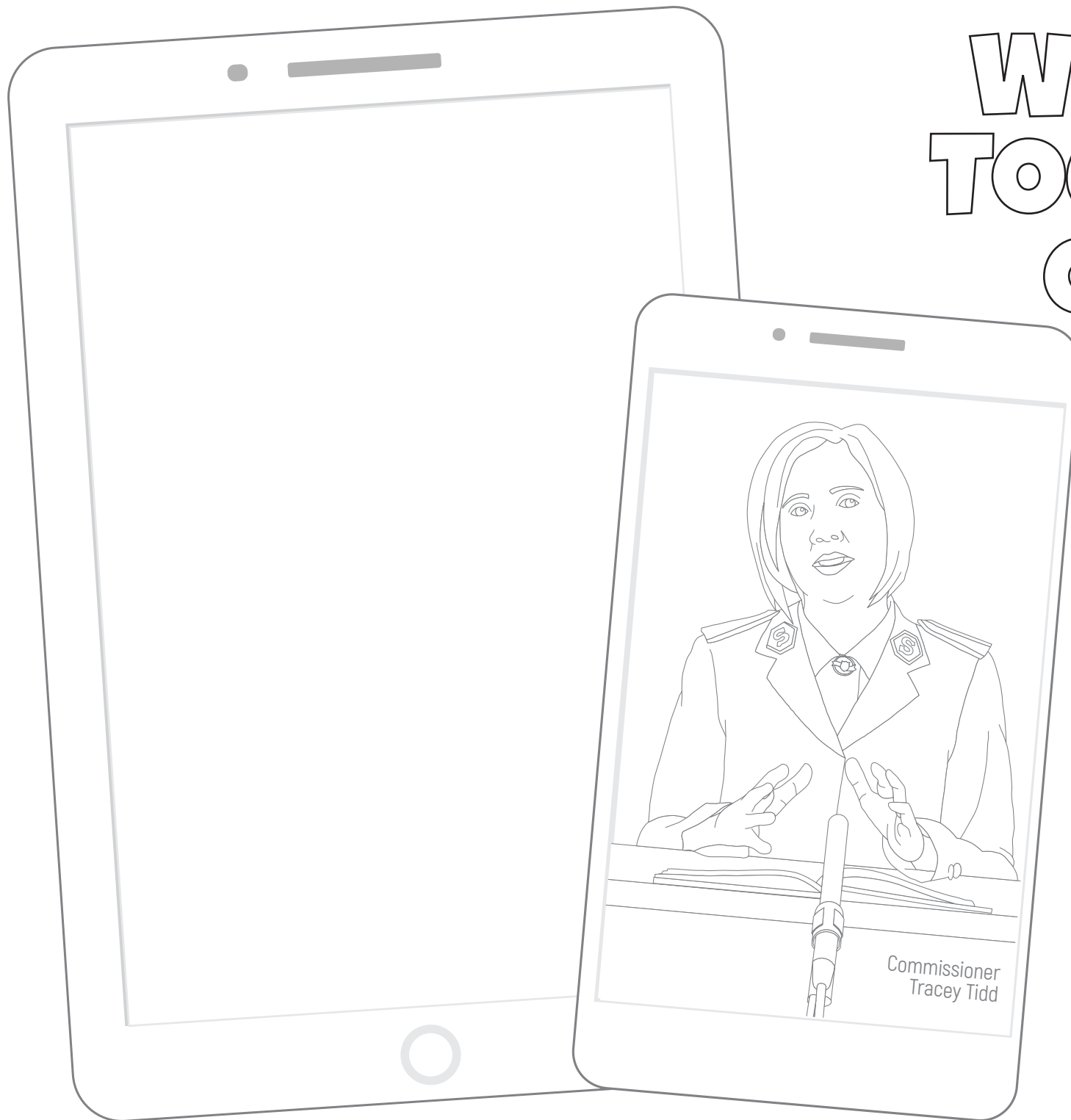
# WORSHIP TOGETHER ONLINE!

This is a Salvation Army officer. Usually, they tell people about Jesus at a church meeting, but churches are closed right now.

Many officers are working hard to put their church services online so we can still worship together.

Does your church have online meetings? Draw your officer giving a message on the blank device screen!

Why not watch your church service this week as a family? If your church doesn't stream a service, you can watch one at [Salvationist.ca/Sunday/](http://Salvationist.ca/Sunday/)





# PEACE'S PPE!

## **This is Peace.**

Peace attends a Salvation Army church. She also works as a nurse in a hospital in Ontario.

Peace wears personal protective equipment (PPE) because she works with sick people. This helps to stop the spread of germs.

Why not decorate Peace's cap and mask to liven them up?

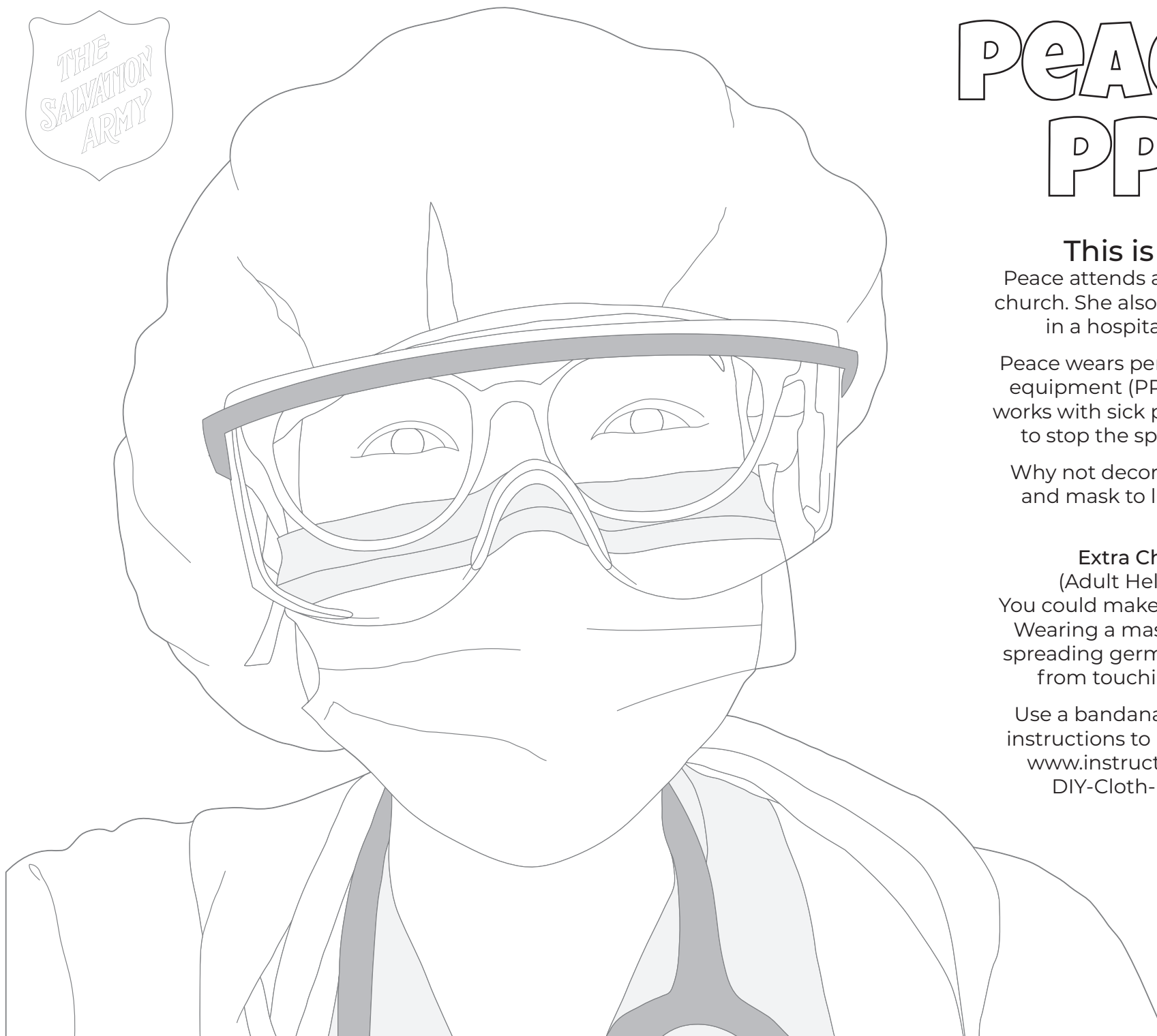
## **Extra Challenge!**

(Adult Help Needed)

You could make your own mask!

Wearing a mask can stop you spreading germs, and keep you from touching your face.

Use a bandana, or find online instructions to make your own:  
[www.instructables.com/id/DIY-Cloth-Face-Mask/](http://www.instructables.com/id/DIY-Cloth-Face-Mask/)



# FINDING A VACCINE

Medical researchers around the world are trying to create a vaccine for Covid-19.

Covid-19 is a new virus. Our bodies don't know how to fight it off, so many people get very sick and need to go to the hospital.

If we had a vaccine, it would teach our bodies how to fight off Covid-19 in a safer way. Most people wouldn't get sick at all.

Write a prayer in the space below, asking God to give wisdom and perseverance to the people creating a Covid-19 vaccine.

## Extra Challenge!

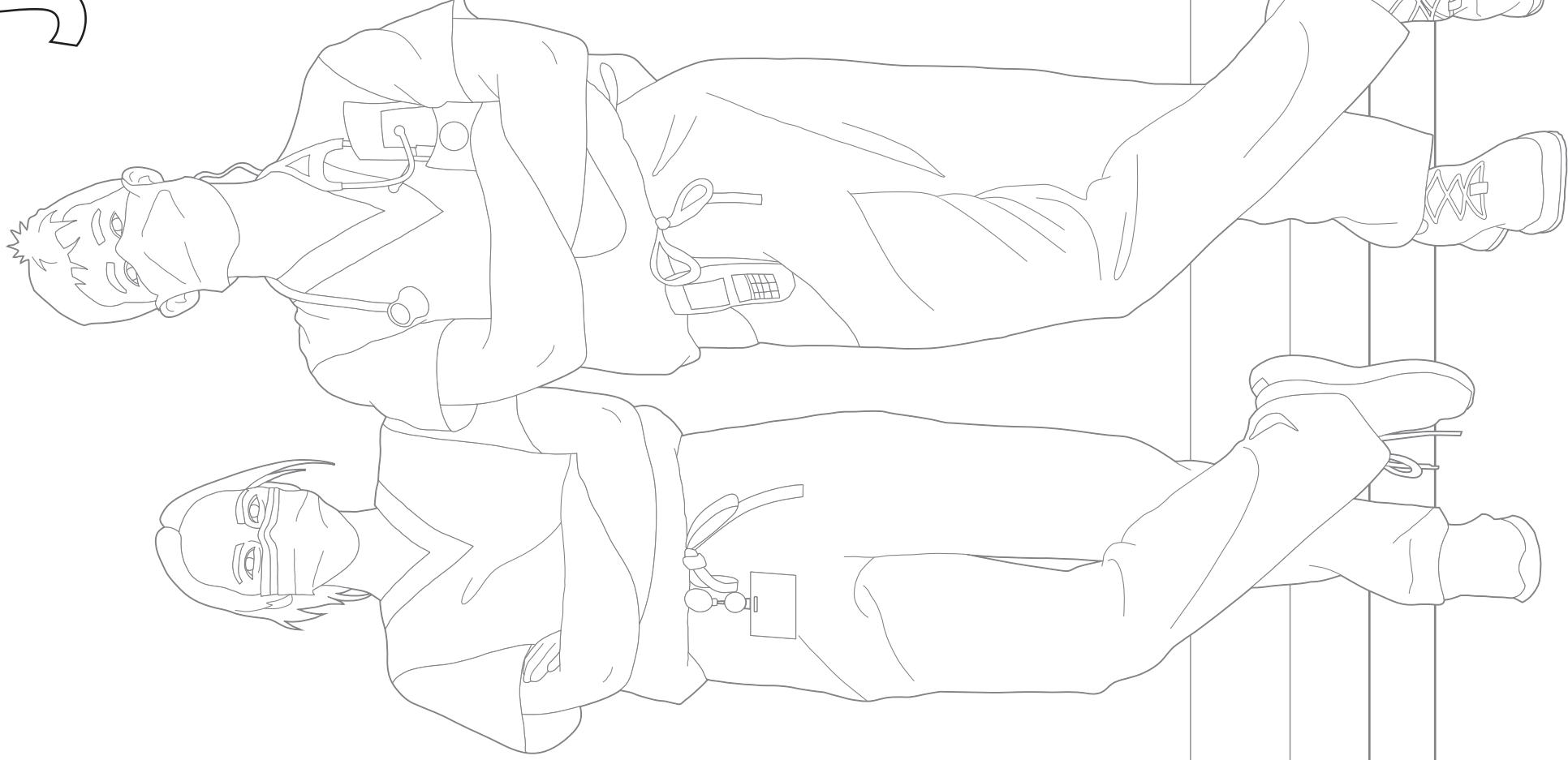
Learn about another disease that made people very sick before a vaccine was created, e.g. polio or smallpox.



# JORGE & MAUDE

Maude is a nurse, and Jorge is a respiratory therapist. They work in a hospital in Quebec, and help take care of people affected by Covid-19.

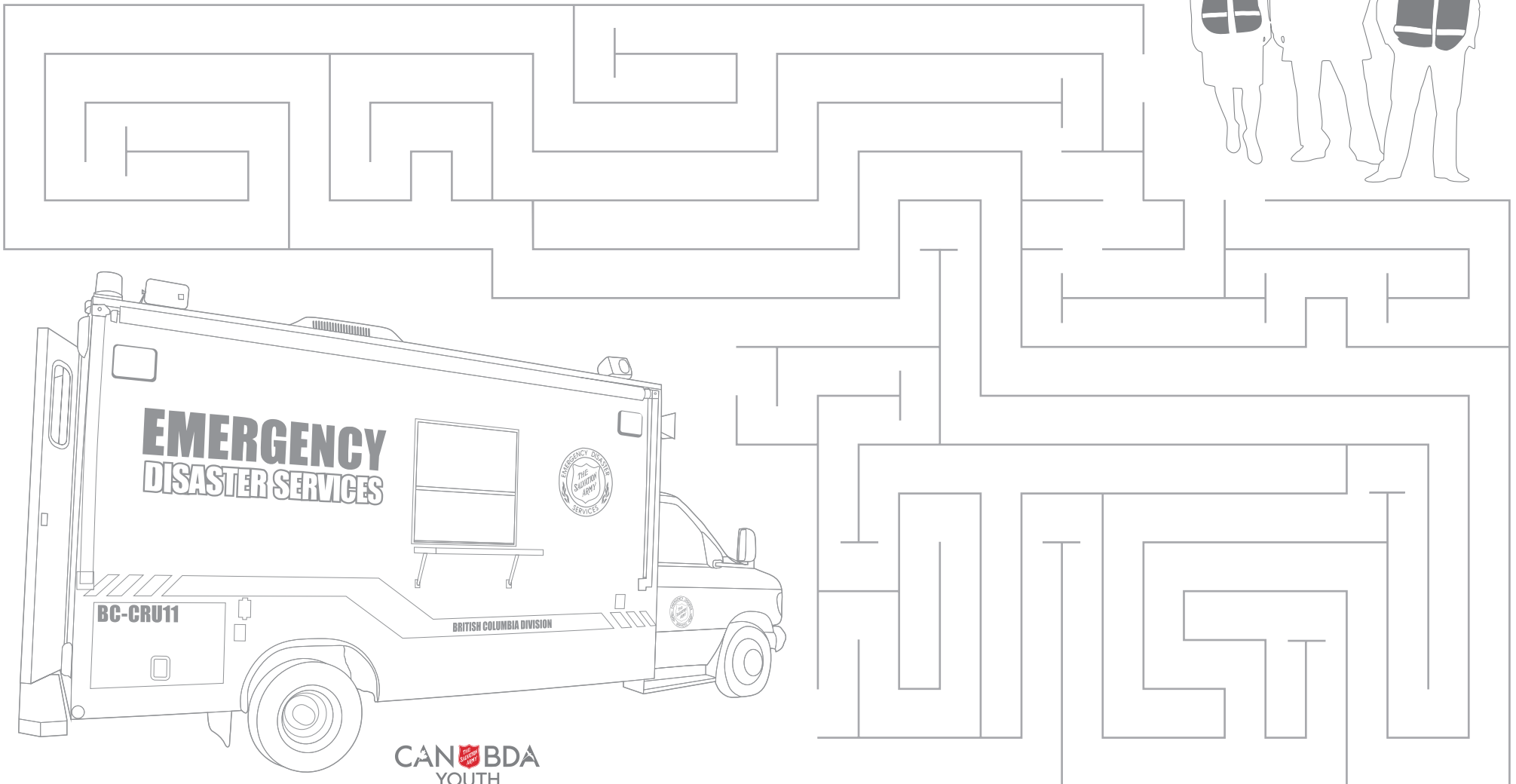
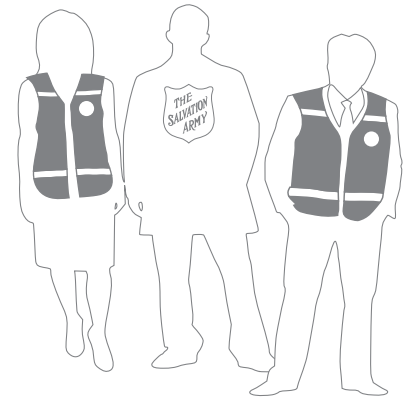
Draw yourself beside them in scrubs and a mask!



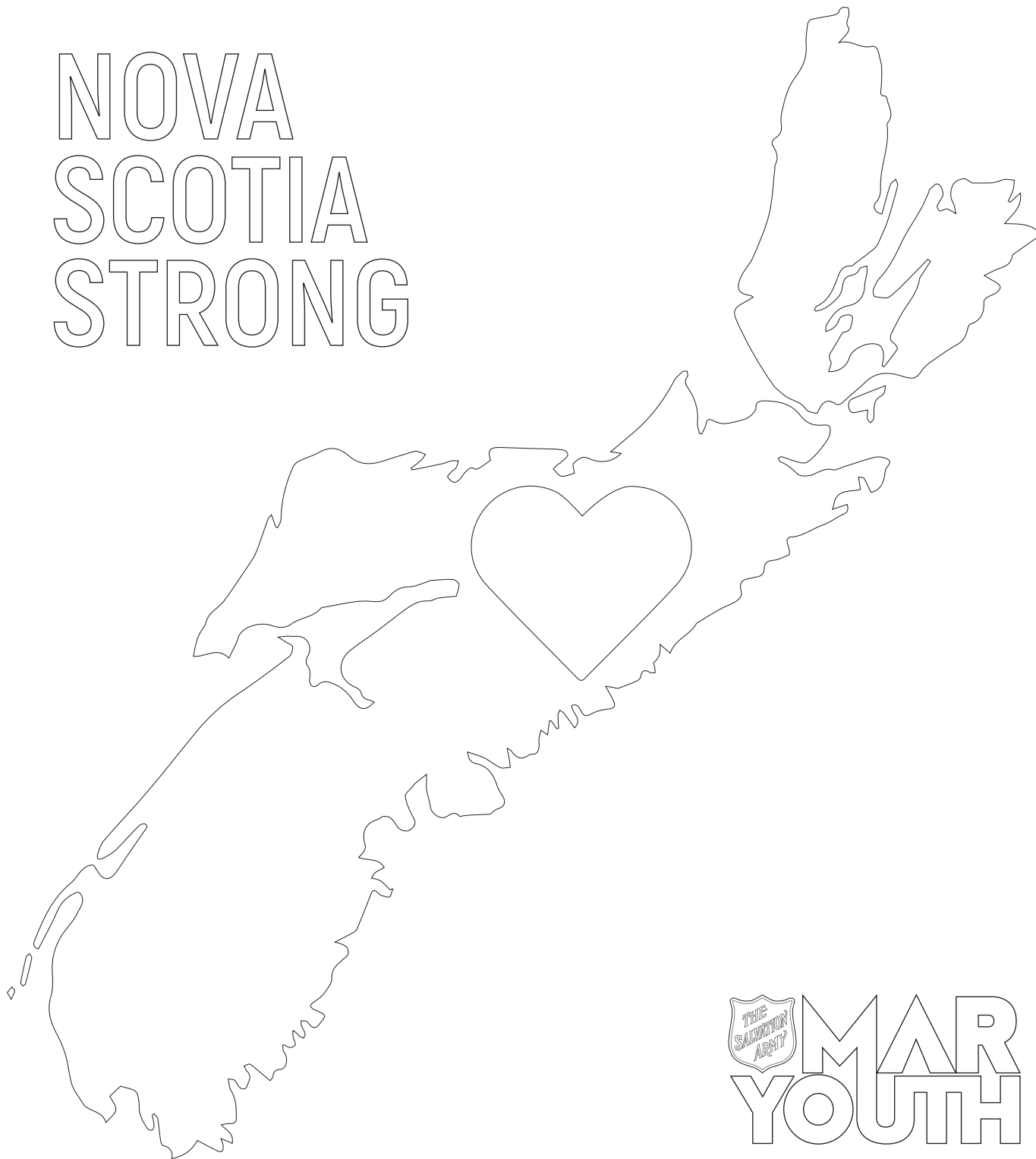
# CONNECT THE TEAM TO THE TRUCK!


Often the most visible Salvation Army service is the Community Response Unit (CRU). CRU's serve meals and drinks to people, especially during emergencies. The Salvation Army CRU's are found in many communities to provide food to people when they need it most.

Help the EDS workers get to the truck so they can deliver food and water to those in need!



# NOVA SCOTIA STRONG



 **MAR  
YOUTH**

Recently, 22 people died during a tragedy in Nova Scotia, including a school teacher, and a RCMP officer.

Decorate the image (left) to display in your window, to let the people of Nova Scotia know they are not alone during this sad time.

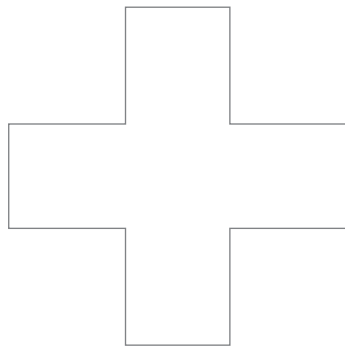
You could also pray for:

- people who lost family and friends
- people who were injured
- first responders who put out fires, rescued injured people and stopped the violence.

**CAN  BDA  
YOUTH**



~THANK YOU~  
HEALTHCARE  
WORKERS



Decorate the heart, then cut it out  
and display it in your window.

Join us in thanking all the healthcare workers  
caring for people infected by Covid-19!

# HELP FILL THE SHELVES!

## Oh no!

The shelves in the Food Bank are all empty!

Draw some food on the shelves and help Millicent give good food to people who need a helping hand.

Food banks take cans of food, boxes of cereal and rice, jars of peanut butter and pasta sauce, as well as fresh fruit and vegetables!

## Extra Challenge!

(Adult Help Needed)

Next time you're shopping, ask if you can buy an extra item to donate to a food bank.

OR, donate some money online at <https://bit.ly/2V4tAa5>

